## Handwriting


Level I

Name $\qquad$ Class $\qquad$
(1) Oakwood

# The Handwriting Log system is designed to support children through a step by step approach to consistently neat and fluent handwriting in all written work. 

Level 1 Correct writing posture, suitable pen hold and correct letter formation.
Level 2 Correct joins between letters.
Level 3 Applying correct letter formation and joins to Spelling Log words.
Level 4 Demonstrate fluent handwriting in 3 pieces of 'presented' work.
Level 5 Demonstrate consistent handwriting across a range of writing in a range of contexts.
Level 6 A special project, demonstrating consistent handwriting style, as well as experimenting with adapting handwriting for purpose.

This is the Level 1 Handwriting Log - children need to demonstrate a suitable pen hold, show that they know how to sit in an appropriate posture for writing and be able to form letters correctly.

Children, teachers, teaching assistants and parents will work together to complete each section of the log. Unlike the Spelling Log, the sections in this booklet are designed to be completed in order.

H Date here when your child is able to demonstrate this at home.

S We will date here when your child is able to demonstrate this in school.

When your child is able to demonstrate all letter formations correctly, they will earn their Level 1 Handwriting Badge (Red).

## Helping your child with their handwriting

provide a quiet space with a flat work surface. Make sure the chair is the right height for your child to reach the surface.

Make sure your child has a comfortable pen hold. Speak to your child's classteacher if you feel they might benefit from a rubber pen grip to help them.

Encourage your child to sit up straight with their feet flat on the floor.


Handwriting practice requires focus and concentration. Set time limits that are realistic and achievable. Each child has a different length attention span, but as a guide, we would recommend no more than 20 minutes handwriting practice in one go.

## Section 1.1



Left handed posture:


Right handed posture:


## Section 1.2

I can hold my pen comfortably.


Left Quadropod


There are two 'standard' pen grips:
Tripod The pen is held between the thumb and fore finger, and rests on the middle finger.

Quadropod The pen is held between the first three fingers of the hand and rests on the fourth finger.

These are the most comfortable positions for handwriting.
Keep your hand relaxed and try not to grip tightly or push down too hard.

Section 1.3
Rockin' Round Letters
These letters are based on the same basic shapes as the letter ' $a$ '.

These are the letter shapes:
acdfgos
These arrows show the direction of pen strokes:


This is how the letters should be sized:


I can form all the Rockin' Round letters correctly. $\square$
$\square$

Section 1.4
Climb ' $\mathbf{n}$ ' Slide Letters
These letters are based on the same basic shapes as the letter ' $i$ '.

These are the letter shapes:
$i \quad j l t \mu y$
These arrows show the direction of pen strokes:


This is how the letters should be sized:


I can form all the Climb ' $n$ ' Slide letters correctly.

$\square$

Section 1.5
Up and Over Letters
These letters are letters that curve round on the second up stroke.

These are the letter shapes:
bhkmnpr
These arrows show the direction of pen strokes:


This is how the letters should be sized:


I can form all the Up and Over letters correctly.

## Section 1.6

## Mix 'n' Match Letters

These letters are a mix of strokes from other families.

These are the letter shapes:

$$
e q u \mathcal{N} \times \pi
$$

These arrows show the direction of pen strokes:


This is how the letters should be sized:


I can form the Mix ' $n$ ' Match letters correctly.


Section 1.7
Capital Letters
These are the letter shapes:
A BCDEFGHIJKL M NOPQRSTUVWX y Z
These arrows show the direction of pen strokes:

 $\Rightarrow \overrightarrow{4}$

This is how the letters should be sized:
$\frac{A B C D E F G H I J K L}{\text { ANOPQRSTUVWX }}$

I can form Capital Letters correctly.

凡
S

## Section 1.8

## Numbers

These are the number shapes:
I

2
3
4
5

6

## 7



9
10

These arrows show the direction of pen strokes:
$\stackrel{1}{\square}$







This is how the numbers should be sized within writing. (They may be bigger or smaller in calculations):


I can form numbers correctly.

## Oakwood

Congratulations!
You have achieved your Level I Handwriting Badge


School Signature
Date $\qquad$

