



Respect, Believe, Achieve

# Year 4 Accept and Respect

## Being Safe



### Websites and Signposting

- [Childline](#)—website  
Call 0800 1111
- [NSPCC Talk Pants!](#) Pantosaurus Video
- [Talk Pants](#) Website
- [Safe Touch, Unsafe Touch](#) Video

### What do I already know? From Year 2 and 3

- How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings. - How to judge whether what they are feeling and how they are behaving is appropriate and proportionate (Y2)
- The importance of respecting others, even when they are very different from them (eg. physically, in character, personality or background) or make different choices or have different preferences or beliefs (Y2)
- That there is a normal range of emotions (eg. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations (Y3)

### Key Words

<b>Appropriate and inappropriate</b>	Suitable and not suitable, good and not good
<b>Abuse</b>	Being hurt - physically, emotionally
<b>Contact</b>	Meeting or touching of people. In person or online

	Key Skills
	<b>Identify</b> – can recognise the difference between appropriate and inappropriate contact.
	<b>Respect</b> — my own and others’ bodies and feelings and know when I and others are feeling unsafe.
	<b>Empathy</b> - Can understand others’ point of view and put myself in their shoes.



Key Knowledge
<ul style="list-style-type: none"> <li>• That each person’s body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. (A2)</li> <li>• How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know (A2)</li> <li>• How to recognise and report feelings of being unsafe or feeling bad about an adult (A2)</li> </ul>

Here’s what I will know/be able to do by the end
<ol style="list-style-type: none"> <li>1. I can respond appropriately in different contexts to adults that I do not know.</li> <li>2. I understand that my body belongs to me and I know what makes me feel unsafe.</li> <li>3. I know where to go to tell someone when I am not feeling safe around an adult.</li> </ol>