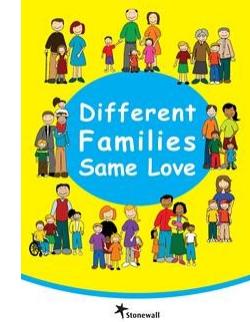




Respect, Believe, Achieve

# Year 4 Yes I Can!

## Families and People Who Care For Me



### Websites and Signposting

[Supporting Healthy Family Relationships](#)—Video

[New Child in Class - Robyn's Story](#) Video and ideas

### What do I already know?

From Year 3

- That others' families, either in school or in the wider world, sometimes look different from their family, but they should respect those differences and know that other children's families are also characterised by love and care (Y3)
- That stable, caring relationships, which may be different types, are at the heart of happy families and are important for children's security as they grow up (Y3)

### Key Words

#### Family

Every person is a part of a **family**. A **family** is two or more people who are connected by biology, adoption, marriage, or strong emotional bonds. **Families** can look very different from each other, but all **family** members usually love and care for each other very much.

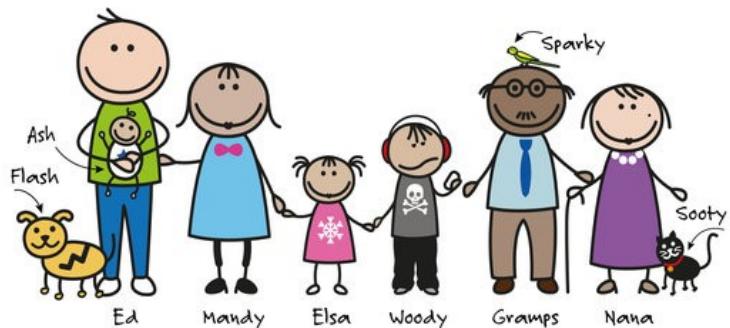
#### Diversity

**Differences** in type of family

#### Commitment

**Commitment** means doing what needs to be done regardless of your mood. Even if you are sad, mad, tired or something better comes along, you still need to follow through on a **commitment**.

	<b>Key Skills</b>
	<b>Identify</b> — can recognise what might effect the dynamics of a family and what can be done to help.
	<b>Respect</b> — be accepting and not judgemental of other people's lives, whether you agree or disagree with what or how they do things.
	<b>Empathy</b> - can understand other people's actions and beliefs, putting yourself in their shoes.



### **Key Knowledge**

- That families are important for children growing up because they can give love, security and stability (A1)
- The characteristics of healthy family life, **commitment to each other including in times of difficulty**, protection and care for children and other family members, the importance of spending time together and sharing each other's lives (A1)

### **Here's what I will know/be able to do by the end**

1. I know what the characteristics are of a secure family unit.
2. I can talk about my family life and what I enjoy about it.
3. I can identify where family struggles may arise and how to overcome these.