

# CAR USE ON THE SCHOOL RUN



## Why rethink the school run?

The daily school journey might feel routine, but it has a big impact on:

- Children's health
- Road safety
- Air quality around schools



## The hidden impact of car use

Using the car for short school trips can:

- Increase traffic congestion near school gates
- Raise pollution levels, affecting children's lungs
- Make roads more dangerous for pedestrians and cyclists
- Reduce opportunities for children to be active

## TRY THESE SMARTER ALTERNATIVES

### 1 Walk when you can



- Great for fitness and independence
- Ideal if you live within 1 mile of school

### 2 Cycle or scoot

- Fast, fun and environmentally friendly
- Helps build confidence and road awareness

### 3 Use public transport

- Reduces the number of cars on the road
- Encourages independence in older children



### 4 Park and Stride

- Park a short distance away and walk the rest
- Eases congestion at the school entrance



## IF YOU MUST DRIVE

We understand! It's sometimes unavoidable. If you do:

- Avoid idling (turn your engine off while waiting)
- Park responsibly (not on pavements, zig-zags, blocking driveways or on junction corners.)
- Drive slowly near school.
- Watch for children - they can be unpredictable.
- Be courteous to the crossing patrol person. They are there to keep everyone safe!
- Do not use the school carpark entrance to turn round. Sandpiper Road is a loop - an extra minute driving will bring you out onto Woburn Road without having to turn.
- Do not tailgate cars into the staff carpark.

## MAKE A DIFFERENCE TODAY

Even swapping just one or two car journeys a week can have a real impact.

Small steps lead to big changes.

Let's work together to make the school run safer, healthier and greener for every child.